



FOODS - Dairy

Member Name: _____

Leader: _____

4-H Year _____

Project Completion Checklist *(for Achievement Day)*

This project explores food prep and baking & cooking with milk & milk alternates. Highlights include yummy yogurt muffins, exploration into the dairy industry and learning about tools & utensils used in the kitchen.

This sheet (both sides) and the items listed below are the requirements for this project:

- ☐ **Picture of Member with four (4) Yogurt Muffins (4-H Recipe)**
NOTE: in effort to eliminate unnecessary food waste, members are asked to submit only a picture of themselves with the food item listed above
Exhibition requirements are different & are listed below
- ☐ **Recipe File** with at least eight (8) milk based recipes as prepared by the member, one of which should be for the 4-H Recipe provided
- ☐ **Special Project** (as determined by project leader & group)
- ☐ **Leader Test** on Tools of the Kitchen
- ☐ **Project Notes** (Pg 2)

4-H Year Completion

Along with finishing the Project Completion Checklist, members are reminded of the following year-end requirements. These tasks must be completed and documented on the member portfolio page before the Club's Achievement Day.

- ☐ **Communications** Activity (public speaking, illustrated talk or demonstration)
- ☐ **Community Service** Activity
- ☐ **Agriculture Awareness** Activity

Exhibition Entries

- 4-H member may enter four (4) baked Yogurt Muffins (4-H Recipe)
- Muffins should be displayed on a paper plate and stored in a large, re-sealable (zip- lock) bag
- Food items are to be dropped off at each exhibition prior to judging. Refer to the Exhibition Book at pei4h.ca/fairs-exhibitions for more information (Published after May 1)

Foods (Dairy) - Project Notes

Meeting/ Activity Date	Activity or Topic Covered <i>Members are encouraged to share project highlights here! Use as much or as little space needed, and remember that the goal is to share about what was done/ what was learned at each meeting/activity attended for this project!</i>

Career Exploration	Project Reflection
What career opportunity (job) aligns with this project?	What did you enjoy most about this project?
Is this a job you would like to have in the future?	
Why or Why Not?	What new skills did you learn?
	Share any challenges or problems.

Office Use Only Staff Signature	
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